

MONTHLY TRACKING FORM

Name: _____ Month: _____

Person(s) carpooled with: _____

Extension _____

Department: _____

Please pay attention to the month's beginning and ending dates when filling out the form. Mark the box under the day and the column of the commute alternative you used. This form is due by the 5th working day of the following month. Late forms will not be calculated. Falsifying information could result in disciplinary action. There are only two points possible maximum per day. (i.e.) you can't take 2 for vanpooling and 2 for carpooling. Please mail to Ride-On @ 3620 Sacramento Dr. Ste. #201, San Luis Obispo, CA 93401 OR FAX to 543-2045.

Mode of Transportation	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	Total
2 person carpool + 2 points per day																									
Dropped off +2 points per day																									
Vanpool 6+ Riders +2 points per day																									
Telework/Walk +2 points per day																									
Bicycle + 2 points per day																									
Public Transportation +2 points per day																									
Drive Alone 0 points per day																									

Total points per month: _____

Signature: _____

Date: _____